



# Live Well & Eat Pizza™ GLUTEN FREE PIZZA SHELLS

**2 EASY STEPS**  
TOP AND BAKE



*Tastes you Remember*



Don Pepino or Sclafani sauce and Delorios dough are the perfect combination in creating an Italian style **GLUTEN FREE** pizza. We use the finest ingredients available to create flavor and texture reminiscent to our commitment to Italian old world *tastes you remember.*



Violet Family Products

[www.LiveWellEatPizza.com](http://www.LiveWellEatPizza.com)



Live Well & Eat Pizza™  
**GLUTEN FREE**  
**PIZZA SHELLS**



Now Everyone Can  
**Live Well &  
 Eat Pizza™**

To meet your dietary needs you don't have to sacrifice great taste and flavor. For more than 60 years, millions of customers have enjoyed violet brand products. As a family owned and operated business, we believe our pride and reputation are always on the line. That is why we always guarantee quality products and total customer satisfaction.

**Baking Instructions**

1. Pre-heat oven to 425°F
2. Spray cookie sheet or pan with pan spray or light coat of olive oil
3. Place frozen pizza shell on pan
4. Place desired toppings on shell
5. Place in oven and bake for 12-14 minutes until crust is golden brown and cheese is melted

**Tip:** Wait 2-3 minutes after removing pizza from oven before cutting.

**Topping suggestions**

- Sauce: 1/4 - 1/3 cup of sauce
- Cheese: 1/3 - 1/2 cup
- Pepperoni: 8 slices
- Sausage: 1/4 cup

**Create other items**, like focaccia, bruschetta, bread sticks, or Pannini's sandwiches. Violet pizza shells are versatile and a great kitchen staple for your freezer.

Nutrition for 9" Shell

**Nutrition Facts**

Serving Size 1/3 pizza crust (47g/1.7oz)  
 3 Servings Per 9" Shell

Amount Per Serving

**Calories** 120 Calories from Fat 10

% Daily Value\*

**Total Fat** 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g 0%

**Cholesterol** 25mg 8%

**Sodium** 370mg 15%

**Total Carbohydrate** 26g 9%

Dietary Fiber less than 1g 3%

Sugars 2g

Protein 2g

Vitamins A 0% Vitamin C 0%

Calcium 4% Iron 0%

\*Not a significant source of saturated fat, trans fat or cholesterol.

\*Percent Daily values are based on a 2,000 Calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:**

Rice flour, water, corn starch, tapioca dextrin, non fat dry milk, whole eggs, sugar, salt, xanthan, gum, baking powder, soybean oil. (contains milk and eggs)

**Keep Frozen**  
**Refrigerate After Opening**

Code	Description	Case Pack	Unit Weight	Gross Weight	Pallet Config.	Length	Width	Height	Case Cube	UPC Code
	<b>Gluten Free Par Baked</b>									
590	9" Gluten free p/b shell	24	5 oz	8.5	10 x 10	19 1/4	9 3/4	4 1/4	0.46	074542005908
592	10" Gluten free p/b shell	24	7 oz	11.5	12 x 10	10 1/4	10 1/4	6 1/2	0.40	074542005922
591	12" Gluten free p/b shell	24	9 oz	14.5	9 x 10	12	12	6 1/2	0.54	074542005915
599	Retail Gluten Free 9" p/b Shells - 2pk	12/2pks	10 oz	8.5	10 x 10	19 1/4	9 3/4	4 1/4	0.46	074542005991



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